

A Letter from the Director:

Founded in 2015, Cornerstone focuses on providing services for healthy minds, bodies and souls. With my background in nursing and my husband's in primary care medicine, our goal is to combine our education, talents and passion to fill a gap in our rural community. And because our love for Jesus is the foundation of our organization, we are striving to love our neighbors as ourselves each and every day. We believe there is great value in providing support and encouragement to one another whether it's encouraging someone to run the extra mile or let go of something painful.

We believe one decision can be a turning point. One workout. One AA meeting. One Bible study. That is all that it takes to change the course of a life. We also believe that the personal connections people make in these groups is transformational. We aren't just aiming to provide services - we're hoping to forge relationships and support.

We know that taking the first step can be hard. So, we try to orient everything at Cornerstone Community Wellness toward making people feel comfortable. We have free or low-cost programs, because we believe everyone should have access to high-quality services regardless of their ability to pay. We have free childcare, so clients can take care of themselves without having to worry about their little ones. And we have a single building with all of our services, so no one ever has to feel embarrassed about someone recognizing a car in the parking lot.

Founding Cornerstone Community Wellness has been a great adventure. We don't claim to have all of the answers, but we're trying our hardest to love our neighbors. Sometimes we have 85 people come to an event, and sometimes no one shows up at all. But we aren't worried about the number. We care about lives changed. The stories we hear in the lives of people in our community are so inspiring and impactful. And they remind us of the amazing things that can happen when this community works together to make a difference.

Thank you for being our clients, service providers, donors and friends. You are each so valuable to the success of Cornerstone, and we are so grateful for your support.

Sincerely,
Elizabeth Pratt